

*How to*  
**CONTACT US**

You can reach CIS information specialists in English or Spanish from 9:00 a.m. to 9:00 p.m. ET Monday through Friday by:

Phone	<b>1-800-4-CANCER</b> (1-800-422-6237)
LiveHelp Online Chat	<b><a href="https://cancer.gov/contact">cancer.gov/contact</a></b>
Email	<b><a href="mailto:NCInfo@nih.gov">NCInfo@nih.gov</a></b>
Social Media	<b><a href="https://cancer.gov/social-media">cancer.gov/social-media</a></b>

**CAN** **CER**

*get support*



**NATIONAL  
CANCER  
INSTITUTE**





The National Cancer Institute's Cancer Information Service (CIS) offers **free**, **confidential**, and **compassionate** services you can count on.

Whether you're a patient facing a cancer diagnosis or a family member or friend of someone who is, you can contact CIS for accurate information and support. CIS can provide resources to help you learn about:

Cancer risk,  
prevention,  
and screening

Clinical  
trials

Latest  
treatment  
options

Coping and  
supportive  
care

Smoking  
cessation

## What is CIS?

CIS is NCI's contact center. It's staffed with information specialists who are trained and have the most up-to-date cancer research at their fingertips.

- ▶ More than half of CIS staff are bilingual (English–Spanish) information specialists.
- ▶ We have smoking cessation counselors to help you quit smoking.

While we can provide answers to many questions and help you understand more about cancer, CIS information specialists do not take the place of a doctor and cannot provide medical advice.

### Get answers

We know where to look for answers to your questions and information that can help you make informed decisions. We use trusted databases and resources to provide personalized responses to a range of clinical trials questions. And we can work with you to find clinical trials for specific cancers.

### Get support

CIS provides information and referrals to organizations that offer emotional and economic support to people facing a cancer diagnosis. Referral information comes from a well-vetted list of national organizations ([supportorgs.cancer.gov](https://supportorgs.cancer.gov)).

### Get help quitting smoking

CIS provides free, confidential counseling and support for anyone who wants to quit smoking for good. We can provide a variety of resources, including local support groups and self-help materials. Smoking cessation counselors are available via phone or online chat.

