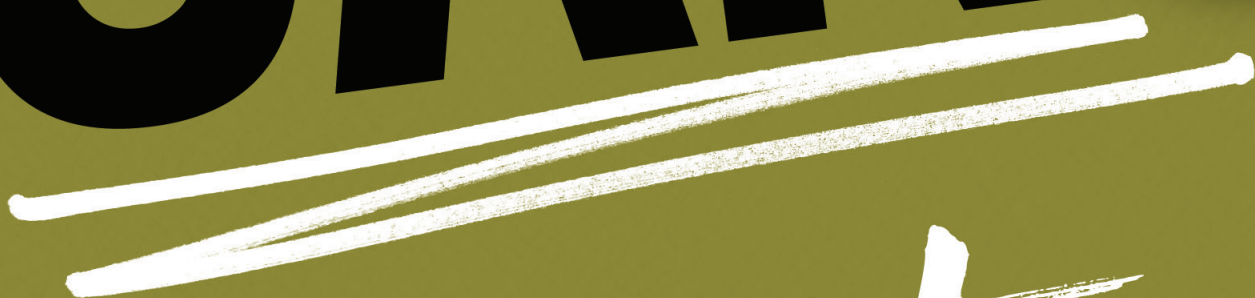


# CAN



# quit smoking

**NCI'S CANCER INFORMATION SERVICE  
CAN HELP.**

Get **free**, **confidential**, and **compassionate** services to help you quit smoking. Contact us to speak with a smoking cessation counselor, and get the support you need to quit smoking for good.

**Help is standing by.**

**1-800-4-CANCER**

(1-800-422-6237)

**[cancer.gov/contact](https://cancer.gov/contact)**